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### Peroxidase-Like Activity of Gold Nanoparticles and Their Gold Staining Enhanced ELISA Application

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We found that the peroxidase-like activity of gold nanoparticles (GNPs) followed the Michaelis-Menten kinetic model and was dependent on environmental pH and temperature, which was very similar to natural Horseradish Peroxidase (HRP). However, unlike HRP, which needs a lower  $H_2O_2$ concentration with a very narrow range to reach a maximum reaction rate and avoid enzyme poisoning, GNPs have very high activity, even at an  $H_2O_2$  concentration two orders of magnitude higher than HRP. It was demonstrated that  $H_2O_2$  treatment could enhance the peroxidase-like activity of GNPs, resulting thus in the activity increase in a circular catalytic reaction by the reduplicative use of GNPs. It was also found that the peroxidase-like activity of GNPs responded sensitively to nanoparticle size and surface modifications. When used in an immunoassay, GNPs were generally conjugated with antibody and blocked with hydrophilic macromolecules to construct a nanoprobe. This strongly reduced the peroxidase-like activity and detection sensitivity of GNPs, therefore, restricting their use as peroxidase mimetics. We presented a novel strategy that combined the nanoprobes with gold staining to expose fresh catalytic gold surfaces and obtained a great increase in detection sensitivity.

Keywords: Gold Nanoparticles, Peroxidase-Like Activity, Gold Staining, ELISA.

#### **1. INTRODUCTION**

Natural enzymes, which possess high substrate affinity and efficiency in catalytic reactions under mild conditions, have been widely studied as catalysts. However, natural enzymes are difficult to extract and easy to deactivate in unfavourable conditions,<sup>1,2</sup> artificial enzymes need to be developed to duplicate the advantages of natural enzymes but avoid their disadvantages and are more affordable as well.

Nanostructures have attracted great attention because of their unique electrical, magnetic, optical, catalytic and other physical and chemical properties.<sup>3–5</sup> The intrinsic peroxidase-like activity of magnetite nanoparticles (MNPs) was discovered by the Yan Group,<sup>6</sup> which exhibits a great potential for special immunoassays when conjugating MNPs with antibody, with simultaneous capture, separation and detection capabilities. This finding

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provided a new idea that the nanoparticles could be used as new detection tools in biological diagnosis. Afterwards, there were more studies on nanostructured enzyme mimics as diverse as V<sub>2</sub>O<sub>5</sub> Nanowires,<sup>7</sup> Prussian blue nanoparticles,8 Hemin-Graphene Hybrid Nanosheets,9 apoferritin-platinum nanoparticle composites (Pt-Ft)<sup>10</sup> and Au@Pt nanorods.<sup>11,12</sup> Gold nanoparticles, as a kind of famous functional nanomaterials, have been widely applied in biological and chemical detection due to their unique surface plasmon resonance (SPR) and surface chemical properties. They are generally modified with biocompatible molecules, such as glucose oxidase, immunoglobulin G (IgG), protein A, and human chorionic gonadotrophin to construct specific gold nanoprobes.<sup>13-15</sup> These gold nanoprobes can be easily detected by spectrophotometry, transmission electron microscopy (TEM), inductively coupled plasma-mass spectrometry (ICP-MS), electrochemical analysis, and light scattering analysis.<sup>16</sup> Therefore, they are important tools for developing

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immunoassay and DNA hybridization detection methods. Because of their size and surface effects, gold nanoparticles can also be used in catalysis, especially for environmental and biological applications. Recently, GNPs were found to have intrinsic catalytic activity for  $H_2O_2$  decomposition and superoxide scavenging at different pHs by using electron spin resonance spectroscopy (ESR),<sup>17</sup> meaning that GNPs might be used for new detection methods based on their enzyme-like activity. But the sensitivity of immunoassays catalyzed by nanoparticles as peroxidase mimetics or labels is limited due to their surface modifications with biomacromolecules which prevent the surface catalytic reaction.<sup>6</sup> In other words, the active centers of nanoparticles were blocked by antibodies and other protein modifications on their surfaces.

In this study, we considered gold nanoparticles as pH-dependent enzymes that could mimic peroxidases in an acid environment. Then we discovered that they could be reused as peroxidase mimetics and had peroxidase-like activity in biodetection, that is, they could be used in ELISA assays instead of HRPs. Gold staining, a procedure for electroless deposition of reduced gold irons where the GNPs act as nuclei, was established to reverse the negative effects of antibody surface modifications and increase the positivity/negativity (P/N) ratio. In this technique, the antibody conjugated gold nanoprobes act as detection labels and catalyst nuclei. They adsorb gold ions and promote their reduction into the surface of metallic gold nuclei. The process increases the amount of freshly exposed gold surface and accelerates catalysis of chromogenic substrates during biodetection.

### 2. MATERIALS AND METHODS

### 2.1. Materials

Working solutions of H<sub>2</sub>O<sub>2</sub> were prepared fresh from 30% (v/v) H<sub>2</sub>O<sub>2</sub> (Aladdin Co. Ltd., China). 3,3',5,5'-teramethylbenzidine (TMB) and 2,2'-azino-bis (3-ethylbenzthiazoline-6-sulfonic acid) diammonium salt (ABTS) were both purchased from Alfa Aesar. Gold chloride tetrahydrate (HAuCl<sub>4</sub>  $\cdot$  4H<sub>2</sub>O) was obtained from Shanghai Reagent (Shanghai, China). Hexadecyltrimethyl ammonium bromide (CTAB) was obtained from Aladdin Co. Ltd., China. Trisodium Citrate  $(Na_3C_6O_7)$ , hydroxylamine hydrochloride (NH $_2$ OH  $\cdot$  HCl), dimethyl sulfoxide (DMSO), anhydrous sodium acetate (NaAc) and acetic acid (HAc) were purchased from Guoyao Co. Ltd., China. Anhydrous potassium carbonate (K<sub>2</sub>CO<sub>3</sub>), potassium chloride (KCl), sodium chloride (NaCl), sodium phosphate dibasic (Na<sub>2</sub>HPO<sub>4</sub>) and monopotassium phosphate (KH<sub>2</sub>PO<sub>4</sub>) were reagents from Shanghai Lingfeng Chemical Reagent Co. Ltd., China. Goat anti-human IgG was purchased from Bethyl Laboratories (Montgomery, TX, USA). Human IgG, bovine serum albumin (BSA), and Tween-20 were obtained from Kaiji Biotechnology Co. Ltd., China. All the reagents were of analytical grade and

ultrapure water obtained from a Millipore Milli-Q water purification system was used throughout the experiments. Polystyrene 96-well microtiter plates (Costar) were used to perform the immunoreactions.

# 2.2. Synthesis and Characterization of GNPs 2.2.1. Synthesis of GNPs of Different Sizes

The colloidal solutions of 14, 25, 48, and 99 nm diameter GNPs were synthesized by the citrate reduction method as previously described.<sup>18</sup> Briefly, 1 mL of 1% HAuCl<sub>4</sub> solution was added into 97 mL of ultrapure water and heated to boiling, then 2 mL of 1% trisodium Citrate solution was added to the reaction system quickly, keeping boiling for 15 min. The different sizes of GNPs were obtained by adjusting the proportion of sodium citrate and HAuCl<sub>4</sub> in the reaction system as shown in Table I. The Au concentrations were all unified 47.8  $\mu$ g · mL<sup>-1</sup>.

#### 2.2.2. Characterization

UV-vis absorption spectra were obtained with a Shimadzu UV-3600 spectrophotometer. Transmission electron microscopy (TEM) analysis was performed on a JEM-2000EX microscope.

#### 2.3. Kinetic Analysis

Unless otherwise stated, steady-state kinetic assays were carried out at 25 °C in a 96-well plate, with 50 µL of GNPs (14 nm, 47.8  $\mu$ g·mL<sup>-1</sup>) in 200  $\mu$ L of reaction buffer (0.2 M HAc-NaAc, pH = 3.6) in the presence of  $H_2O_2$ , TMB and ABTS. The kinetic analysis of GNPs with TMB as the substrate was monitored by adding 12  $\mu$ L of 30% H<sub>2</sub>O<sub>2</sub> and different amounts (0, 0.2, 0.4, 0.8, 1.6, 2.4, 3.2, 4, 5  $\mu$ L) of TMB solution (10 mg · mL<sup>-1</sup>, dissolved in DMSO). The kinetic analysis of GNPs with  $H_2O_2$  as the substrate was monitored by adding 3.2  $\mu$ L of TMB and different amounts (0, 0.7, 1.5, 3, 6, 12, 18, 24, 32  $\mu$ L) of 30% H<sub>2</sub>O<sub>2</sub> solution. The reactions were monitored at 650 nm by the microplate reader (BIO-RAD model 680) after the substrates were added. The kinetic analysis of GNPs with ABTS as the substrate was performed by adding 32  $\mu$ L of 30% H<sub>2</sub>O<sub>2</sub> and varying amounts  $(0, 0.5, 1, 2, 4, 6, 8, 10 \ \mu\text{L})$  of ABTS solution (10 mg  $\cdot$  $mL^{-1}$ , dissolved in ultrapure water). The kinetic analysis of GNPs with H<sub>2</sub>O<sub>2</sub> as the substrate was performed by adding 10 µL of ABTS and varying amounts (0, 2, 4, 6, 8, 12, 32, 64  $\mu$ L) of 30% H<sub>2</sub>O<sub>2</sub> solution. The reactions

Table I. Relationship between the size of GNPs and the ratio of reactants.

Volume of 1% HAuCl <sub>4</sub>	Volume of 1% trisodium citrate	Size of GNPs
1	5	14
1	1.5	25
1	1	48
1	0.42	99

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were monitored at 410 nm by the microplate reader after the substrates were added.

The apparent kinetic parameters were calculated based on the Michaelis-Menten Eq. (1),

$$V = \frac{V_{\max} \times [S]}{K_m + [S]} \tag{1}$$

where V is the initial velocity,  $V_{\text{max}}$  is the maximal reaction velocity, [S] is the concentration of substrate and  $K_{\text{m}}$  is the Michaelis constant.

#### 2.4. The Reusability of GNPs in Catalytic Reaction

The reusability assays were carried out using 300  $\mu$ L of GNP solution (14 nm, 47.8  $\mu$ g · mL<sup>-1</sup>) in 1.2 mL of HAc-NaAc buffer (0.2 M, pH = 3.6), with 546  $\mu$ M ABTS substrate at 25 °C. The H<sub>2</sub>O<sub>2</sub> concentration was 1.87 M. The reactions were monitored using the UV-vis spectrophotometer for 20 min, and then GNPs were collected by centrifugation and used as catalysts again. The procedure above was repeated until the catalytic activity of GNPs decreased.

### 2.5. pH and Temperature Dependence of the Peroxidase-Like Activity of GNPs

The assays for pH-dependence were carried out at 25 °C in a reaction system with 50  $\mu$ L of GNPs (14 nm, 47.8  $\mu$ g·mL<sup>-1</sup>) in 200  $\mu$ L of reaction buffer of different pHs (2.2, 3.0, 3.6, 4.4, 5.2, 6.0, 6.8, 7.6, 8.0, 8.3, 8.7, 9.1, 10, 9.6, 9.8, 10.0, 10.2, 10.4, 10.6, 10.8, 11.0), in the presence of 373 mM H<sub>2</sub>O<sub>2</sub> and 584  $\mu$ M TMB. The reactions were monitored at 650 nm by the microplate reader every 30 s during the first 5 minutes.

Temperature assays were carried out at different temperatures (26, 32.5, 35, 37.5, 40 °C), in a reaction system with 50  $\mu$ L of GNPs (14 nm, 47.8  $\mu$ g·mL<sup>-1</sup>) and 200  $\mu$ L of HAc-NaAc buffer (0.2 M, pH = 3.6) in the presence of 373 mM H<sub>2</sub>O<sub>2</sub> and 584  $\mu$ M TMB. The reactions were monitored at 650 nm by the microplate reader every 30 s during the first 5 minutes.

#### 2.6. Effect of Surface Modification on Peroxidase-Like Activity of GNPs

The surface-modified GNPs were prepared by electrostatic adsorption of cationic surfactant CTAB. This was easily realized by rapidly mixing 1 mL of GNP solution (14 nm, 47.8  $\mu$ g·mL<sup>-1</sup>) with varying amounts (1000  $\mu$ L, 500  $\mu$ L, 200  $\mu$ L) of CTAB (5.9  $\mu$ g·mL<sup>-1</sup>). Their UV-vis absorption spectra were measured using a 3600 spectrophotometer to monitor the surface adsorption and induced aggregation.

The catalytic experiments were carried out using the above mixture (50  $\mu$ L) in 200  $\mu$ L HAc-NaAc buffer (0.2 M, pH = 3.6), in the presence of 373 mM H<sub>2</sub>O<sub>2</sub> and 584  $\mu$ M TMB. The absorbance of the reaction solution was monitored using the microplate reader at 650 nm every 30 s during the first 5 min.

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#### 2.7. Fabrication of Gold-Antibody Nanoprobes

In this preparation, both goat anti-human IgG conjugation and BSA blocking were performed based on the electrostatic adsorption method. Before coupling with goat antihuman IgG, the pH of the GNP solution was adjusted to approximately 9.0, which is a little more than the isoelectric point of the antibody. The obtained 2 mL of GNP solution (14 nm, 47.8  $\mu$ g·mL<sup>-1</sup>) was incubated with 100  $\mu$ g goat anti-human IgG at 4 °C overnight. To remove excess antibody, conjugate solution was centrifuged at 8386 g for 40 minutes and resuspended in 2 mL of phosphatebuffered saline (PBS, pH = 7.4). After adding 100  $\mu$ L 1% BSA for further blocking, the gold nanoparticle-goat antihuman IgG (GNP-GAH-IgG) nanoprobes were obtained and stored at 4 °C for use.

## 2.8. Procedures for the Immunoassay and Gold Staining

The immunoassay using GNP-GAH-IgG nanoprobes was performed by detecting the human IgG. 100  $\mu$ L of different concentrations (0, 0.35, 1.3, 2.5, 5  $\mu$ g · mL<sup>-1</sup>) of the analyte (human IgG, 1 mg · mL<sup>-1</sup>) diluted by carbonate/bicarbonate buffer (CB, pH 9.6) were loaded into the wells of a polystyrene 96-well microplate and incubated at 37 °C for 2 h. After washing away unbound antibody by PBS-T (pH = 7.4, Tween-20 = 0.05 volume%), the wells were blocked with 0.01 M PBS containing 1% BSAt (PBS-BSA, pH 7.4). Afterwards, the wells were washed 3 times with PBS-T, and 100  $\mu$ L of GNP-GAH-IgG nanoprobes were added to the wells and incubated at 37 °C for 1 h. After the wells were washed 3 times, the bottom of the wells turned light red.

100  $\mu$ L of gold staining reduction solutions (2 mL of 0.01% HAuCl<sub>4</sub>·4H<sub>2</sub>O with 5.6  $\mu$ L of 1% NH<sub>2</sub>OH·HCl) were added to each well and incubated at 37 °C for 14 min. Metallic gold was deposited on the GNP surfaces. The wells were washed 6 times with Milli-Q water. 100  $\mu$ L of H<sub>2</sub>O<sub>2</sub> (3%) was added to each well to remove the excess NH<sub>2</sub>OH·HCl. After the wash step was repeated 6 times, the bottom of the wells turned dark purple.

After the final wash step, 200  $\mu$ L of reaction solution containing 2.07  $\mu$ M TMB and 1.32 mM H<sub>2</sub>O<sub>2</sub> was added to each well. The ELISA reading was performed at 650 nm by the microplate reader.

#### 3. RESULTS AND DISCUSSION

#### 3.1. GNPs Catalyze the Peroxidase Substrate

The colloidal solutions of 14, 25, 48, and 99 nm diameter GNPs were synthesized by the citrate reduction method. The GNPs displayed nearly spherical or ellipsoidal shape with the expected sizes (Fig. 1(a)). GNPs of different sizes have distinct UV-vis absorption spectra. The characteristic peaks of GNPs were red shifted with increasing sizes (Fig. 1(b)).



Figure 1. TEM images (a) and UV-vis spectra (b) of the gold nanoparticles with different sizes.

Using the GNPs as catalyst and TMB or ABTS as peroxidase substrates, apparent colour reactions (Fig. 2(a), blue for TMB and green for ABTS) could be generated in the presence of  $H_2O_2$ . This result indicates that GNPs display peroxidase-like activity toward typical peroxidase substrates. As the properties of inorganic nanoparticles are often dependent on size, we monitored the UV-vis absorbance-time course curves at 650 nm for TMB-H<sub>2</sub>O<sub>2</sub> reaction system catalyzed by GNPs of different sizes (14, 25, 48 and 99 nm) (Fig. 2(b)). The GNPs displayed different level of activity towards TMB in the order 14 nm > 25 nm > 48 nm > 99 nm, indicating that the smaller the size, the higher the catalytic activity. The result<sub>100</sub> 3.2. Steady-State Enzyme Kinetics

The peroxidase-like activity of the GNPs such as HRP, has pH and temperature dependences. We evaluated the peroxidase-like activity of the GNPs (14 nm) while varving the pH from 2 to 11 and the temperature from 26 °C to 40 °C. The optimal pH of GNPs is at a range of 3.6 to 4.8 when the substrate is TMB (Fig. 2(c)) and the relative activity reaches maximum at about 38 °C (Fig. 2(d)), which are similar to the natural enzyme of HRP. Relative activity was obtained by calculating the percentage of each absorbance data relative to the maximum absorbance measured in the experiment.

may be due to the smaller nanoparticles having a greater SThet steady-state kinetic assay of the 14 nm GNPs surface-to-volume ratio to interact with substrates. Delivered by was monitored to investigate peroxidase-like activity.



Figure 2. The different substrate (ABTS and TMB) colour reaction catalyzed by GNPs as peroxidase mimetics in the presence of  $H_2O_2$  in HAc-NaAc buffer (0.2 M, pH = 3.6) (a). The effects of nanoparticle size (b), reaction system pH (c) and temperature (d) on the peroxidase-like activity of GNPs.

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Table II.	The kinetic parameters of 14 nm GNPs.					
	[ <i>E</i> ] (M)	Substrate	K <sub>m</sub> (mM)	$V_{ m max} \ ({ m Ms}^{-1})$	$egin{array}{c} K_{ m cat} \ ({ m s}^{-1}) \end{array}$	
GNPs	$7.64 \times 10^{-9}$	TMB	0.20	$5.59  imes 10^{-8}$	734.38	
GNPs	$7.64  imes 10^{-9}$	$H_2O_2$	572.98	$9.77  imes 10^{-8}$	1,284	
GNPs	$3.59\times10^{-10}$	ABTS	92.30	$3.11 \times 10^{-8}$	86.63	
GNPs	$3.59\times10^{-10}$	$H_2O_2$	546.60	$5.04 imes10^{-8}$	140.39	

*Notes*: [*E*] is the GNP concentration,  $K_{\rm m}$  is the Michaelis constant,  $V_{\rm max}$  is the maximal reaction velocity and  $K_{\rm cat}$  is the catalytic constant, where  $K_{\rm cat} = V_{\rm max}/[E]$ . The definitions of  $K_{\rm m}$  and  $K_{\rm cat}$  are as below. The catalytic constant  $K_{\rm cat}$  measures the number of substrate molecules turned over per enzyme molecule per second. The Michaelis constant  $K_{\rm m}$  is the substrate concentration when reaction velocity reaches half of maximum reaction velocity.

The parameters obtained from the Michaelis-Menten model are shown in Table II. Lower  $K_m$  values mean tighter bonding between enzyme and substrate and more efficient catalysis. In Table II, the  $K_{\rm m}$  for TMB is 0.20 mM, lower than that reported for HRP (0.434 mM),<sup>6</sup> which suggested that GNPs have a higher affinity for the TMB substrate than HRP. The  $K_{\rm m}$  for ABTS is 92.30 mM, about 55 times higher than the  $K_{\rm m}$  reported for HRP (1.67 mM).<sup>19</sup> The  $K_{\rm m}$  value of the GNPs with TMB as the substrate is about 460 times lower than the value for ABTS, suggesting that GNPs have a higher affinity for TMB than ABTS.<sup>20,21</sup> This may be due to the fact that the negatively charged citrate anions on the surface of GNPs promote electrostatic adsorption with the positively charged TMB, in contrast to the electrostatic repulsion between GNPs and ABTS. As a result, the catalytic constant  $K_{cat}$  of TMB is much higher than that for ABTS, which means each single GNP can convert more TMB into products per unit time than ABTS. In addition, we notice that the  $K_{\rm m}$  value for the substrate of  $H_2O_2$  is much larger than that reported for HRP (3.7 mM),<sup>6</sup> which means that a higher concentration of H<sub>2</sub>O<sub>2</sub> was required to reach the  $V_{\rm max}$  for GNPs.

#### 3.3. The Reusability of GNPs in Catalytic Reaction

As inorganic materials, GNPs have much better thermostability and chemical stability than natural enzymes. The reusability of GNPs as peroxidase nanomimetics was investigated by detecting the characteristic peak of oxidized ABTS product at the 415 nm wavelength in the UV-vis absorption spectra for every repeated catalytic experiment. Absorbance at 415 nm wavelength showed a remarkable increase for every repeated assay (Fig. 3), suggesting an enhancement of the catalytic activity of GNPs. The insert picture showed that the absorbance of ABTS at 415 nm wavelength without catalyst was lower than that with catalyst, proving that GNPs worked on the reaction. Meanwhile, the absorption peak of GNPs was at about 521 nm, having no interference on catalyzing results. The characteristic peak of GNPs nm was red shifted and became less obvious after repeated use, which might be

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Figure 3. The UV-vis absorption spectra of catalytically oxidized products of ABTS using GNPs as peroxidase mimetics in continuous catalysis cycles in HAc-NaAc buffer (0.2 M, pH = 3.6) containing  $H_2O_2$ . GNPs showed their reusable capability, and an enhancement effect in peroxidase-like activity was observed. The inset is the controlled experiment for the UV-vis absorption spectra of GNPs and the oxidized product of ABTS without catalyst.

caused by that GNPs were activated under reaction conditions or an aggregation of GNPs appeared.<sup>22, 23</sup>

To investigate the mechanism of this noticeable catalytic enhancement, we firstly measured the peroxidase-like activity of the 14 nm GNPs, which had been incubated in HAc-NaAc buffer (0.2 M, pH = 3.6) to induce aggregation. HAc-NaAc buffer (0.2 M, pH = 3.6) was used because GNPs are sensitive to high concentrations of electrolytes (Fig. 4(a)). Unfortunately, the longer the GNPs were incubated, the higher their aggregation level and the lower their peroxidase-like activity. Then, as shown in Figure 4(b),  $H_2O_2$  treatment was demonstrated to be able to enhance the peroxidase-like activity of GNPs, which is probably responsible for the activity increase in a circular catalytic reaction by reduplicative use of GNPs. Natural enzymes must be immobilized to be reused, and this might decrease their activity after repeated assays.<sup>24</sup> The colour of GNPs turned purple until the fifth centrifugal process and the catalytic activity decreased subsequently because of excessive H<sub>2</sub>O<sub>2</sub> treatment and serious aggregation. Our study indicates that, the reusable and activity-increasing speciality of GNPs is more advanced than natural enzymes.

#### 3.4. Effect of Surface Modification on the Peroxidase-Like Activity of GNPs

The peroxidase-like activities of GNPs with and without CTAB modification were measured (Fig. 5(a)). As reported, the CTAB micelles themselves have intrinsic catalytic activity<sup>25, 26</sup> that is less than the intrinsic catalytic activity of GNPs (Fig. 5(a)). However, the peroxidase-like activity of GNPs abated after CTAB surface modification compared to GNPs and CTAB alone. To investigate this, we modified GNPs with different amounts of CTAB. The absorption peaks of GNPs coated with 1,000  $\mu$ L of CTAB solution (5.9  $\mu$ g·mL<sup>-1</sup>) had an extremely tiny red shift,



**Figure 4.** (a) The effect of particle aggregation on the peroxidase-like activity of GNPs. In order to induce particle aggregation, GNPs were incubated for different times (0 min, 60 min and 120 min, respectively) in an HAc-NaAc buffer (0.2 M, pH = 3.6), to which substrates of ABTS and  $H_2O_2$  were then added. Absorbance-time course curves were recorded. (b) The effect of GNP pretreatment with  $H_2O_2$  on the peroxidase-like activity of GNPs. GNPs were incubated in HAc-NaAc buffer (0.2 M, pH = 3.6) containing 9.79 M  $H_2O_2$  for 10 min, then were dialyzed in ultrapure water to remove remaining  $H_2O_2$ . The peroxidase-like activity was evaluated using ABTS and  $H_2O_2$  as substrates in HAc-NaAc buffer for GNPs without any treatment and with  $H_2O_2$  treatment, respectively.

compared to the peaks of GNPs without CTAB modification in UV-vis absorption spectra (Fig. 5(b)). There probably was a CTAB bilayer formed on the GNP surface (see inset in Fig. 5(b)) when the GNPs were blended rapidly with excessive CTAB. The surface of this structure was hydrophilic and prevented aggregation, so there was almost no change for the characteristic peak. The peaks of the other two samples were obtained at 550 nm and 600 nm when GNPs were mixed with 500  $\mu$ L and 200  $\mu$ L of CTAB (5.9  $\mu$ g·mL<sup>-1</sup>), respectively. The probable reason was that a hydrophobic monolayer was formed on GNPs because of lack of CTAB, then GNP aggregation was induced and the characteristic GNP peak was red shifted. The CTAB bilayer that blocked catalytic activity sites on the GNPs prevented interaction between the GNPs and TMB, so the catalytic activity of the GNPs decreased after they were modified (Fig. 5(a)).

### 3.5. Application of the Immunoassay and Gold Staining Enhancement

We used GNPs instead of HRP for ELISA assays and developed the gold staining method to enhance the detection sensitivity of ELISA (Fig. 6). We constructed the

GNP-GAH-IgG nanoprobes by coating GNPs with goat anti-human IgG, which acted as both a specific label and a peroxidase mimetic that catalyzed the colour reaction of substrate TMB. As for conventional gold-labeled ELISA without using gold staining, the human IgG was placed in a 96-well plate and GNP-GAH-IgG nanoprobes were added to label the human IgG. The nonspecific bonding was removed with several washes, then the substrate solution containing TMB and  $H_2O_2$  was added to generate a colour reaction 09:36:11

<sup>CI</sup> The appropriate concentration of  $H_2O_2$  used in the ELISA application was first examined, as shown in Figure 7(a), which indicates that GNP-GAH-IgG nanoprobes require a high  $H_2O_2$  concentration to reach maximal peroxidase activity. However, the excessive  $H_2O_2$ concentration could lead to a direct colour reaction with TMB in the absence of the GNP-GAH-IgG nanoprobes, which easily caused false positive results. Since the capacity of the microplate well is 300  $\mu$ L, we added 200  $\mu$ L of the substrate solution per well, leading to a final  $H_2O_2$ concentration of 1.3 mM, when human IgG was detected using GNP-GAH-IgG nanoprobes with relatively high sensitivity. Their absorbance at 650 nm was recorded as a



Figure 5. (a) The effect of surface modification with CTAB on the peroxidase-like activity of GNPs. (b) The effect of surface modification with CTAB on the UV-vis absorption spectra of GNPs.

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Figure 6. Schematic illustration of gold nanoprobe preparation and the gold-staining-enhanced ELISA process.

function of IgG concentration (0 ng  $\cdot$  well<sup>-1</sup> as blank group, 30–500 ng  $\cdot$  well<sup>-1</sup> as experimental groups) (Fig. 7(b)).

As mentioned in above study, the catalytic activity of GNPs was weakened by surface modification with CTAB. The peroxidase-like activity of GNPs coated with goat anti-human IgG (or goat anti-human IgG and BSA) was measured (Fig. 8). The activity of GNPs coated with goat anti-human IgG was lower than those without coating and GNPs coated with both goat anti-human IgG and BSA was the lowest. Therefore, the phenomenon would result in a lower detection sensitivity for the established ELISA method. A more sensitive enzyme immunoassay method using gold nanoprobes combined with gold staining



**Figure 7.** (a) The  $H_2O_2$  concentration dependence of the peroxidaselike activity of GNPs. A high  $H_2O_2$  concentration was required to reach high detection sensitivity for ELISA application. The maximum point was set as 100%. (b) With 1.3 mM  $H_2O_2$ , the UV-vis absorbance (650 nm) depends on the concentration of human IgG over the range of 0–500 ng·mL<sup>-1</sup>. (Conditions: 0.2 mM pH 3.6 NaAc buffer + 0.5  $\mu$ M TMB + 1.3 mM  $H_2O_2$ ).

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(Fig. 6) was investigated. The method was based on the catalytic reduction of  $Au^{3+}$  by hydroxylamine hydrochloride (NH<sub>2</sub>OH · HCl) and the subsequent deposition of gold atoms on the gold nanoprobes, which produced a freshly exposed gold catalytic surface with relatively high peroxidase-like activity as demonstrated below.

To determine optimum gold staining time, we performed gold staining experiments of different times. The positive group (250 ng  $\cdot$  well<sup>-1</sup> human IgG + BSA blocking) and negative group (0 ng  $\cdot$  well<sup>-1</sup> human IgG + BSA blocking) were set to obtain the positive/negative (P/N) ratio. Because the Au<sup>3+</sup>-NH<sub>2</sub>OH  $\cdot$  HCl reduction solutions were not stable at room temperature, they began to turn from colourless to red 16 min later so we selected a maximum staining time of 14 min, which avoided the colour change of the solution itself and produced the maximum P/N ratio as well, 8 On: Mon as shown in Figure 9(a). Using 14 min as an optimal gold American Sstaining time, we achieved more sensitive detection results Delivered b for human IgG in a lower concentration range of 0-70 ng  $\cdot$ well<sup>-1</sup> (Fig. 9(b)). After the gold staining, the absorbance is about 7 times higher than that obtained in Figure 7(b), when the human IgG concentration is 70 ng  $\cdot$  well<sup>-1</sup>. These experiments demonstrate that GNPs are both catalysts and intensive probe tools. Their novel peroxidase-like activity and the gold staining method allow GNPs to detect other biomolecules, especially low levels of biomolecules using the established ELISA method.



**Figure 8.** The influence of antibody conjugation and BSA blocking on the absorbance time course for the GNP-catalyzed colour reaction using ABTS and  $H_2O_2$  as substrates in 0.2 M HAc-NaAc buffer (0.2 M, pH = 3.6). The peroxidase-like activity of GNPs that were modified with goat anti-human IgG and BSA is markedly lower than that of GNPs that were not modified.



**Figure 9.** (a) The positivity/negativity ratio (P/N) increases with gold staining time when GNP-GAH-IgG nanoprobes are used to detect human IgG, suggesting that gold staining can enhance detection sensitivity. (b) By gold staining for 14 min, the relationship between absorbance at 650 nm and human IgG concentration (0–70 ng -well<sup>-1</sup>) was obtained with much higher sensitivity than the results in Figure 7. ht. America

#### 4. CONCLUSIONS

We evaluated the peroxidase-like activity of GNPs. The peroxidase-like catalysis of GNPs followed Michaelis-Menten kinetics and was dependent on the environmental pH, temperature, and the size and surface modifications of the GNPs. The peroxidase-like activity of GNPs could be enhanced by  $H_2O_2$  treatment, resulting thus in the activity increase in a circular catalytic reaction. We also designed and evaluated GNPs for ELISA applications. When used in an immunoassay, the surface of GNPs are usually covered with antibodies and other biomacromolecules, which blocks the catalytic active sites and reduces the catalysis ability of GNPs dramatically. To get fresh, exposed gold catalyst surface, we developed a gold staining method that increases the assay's sensitivity and avoids the negative effects of surface modifications. The colorimetric analysis is simple, cheap and rapid, which provides significant improvement for the immunoassay.

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